

Emerge Allied Health

ACCEPTANCE | CONNECTION | INNOVATION

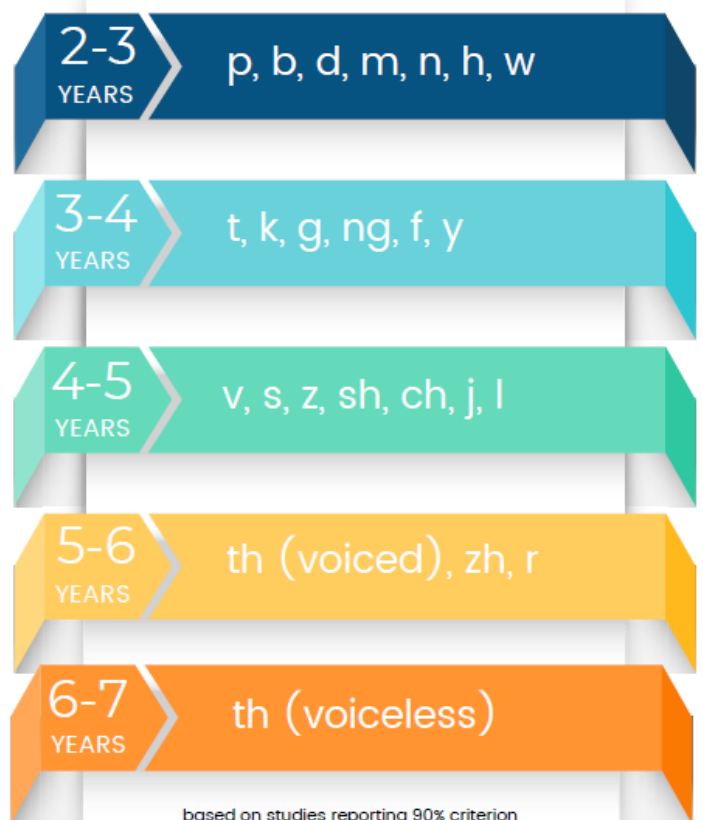


WELCOME ABBY!



Abby has been working as Speech Pathologist for over 8 years. Training at Queen Margaret university in Edinburgh. Abby has worked in a variety of public and private sectors in London and Tasmania including neonatal and paediatric acute settings, schools and clinic settings. Abby specialises in paediatric and infant feeding, early intervention, training and Augmentative and Alternative Communication (AAC). Abby is also a qualified Talking Mats trainer and Witness Intermediary.

SPEECH SOUND DEVELOPMENT *english*



Why Choose a Behaviour Therapist?



Our Behaviour Therapists work with children and their families to achieve their social behaviour and communication goals. This may include the use of visual organisation systems, play and relationship based interventions, sensory integration techniques, coaching in emotional regulation and communication of emotions, and play based peer programs.

Behaviour therapy can start before diagnosis using [ECEI funding](#). Children's brains develop significantly in the first three years of life. Early behavioural intervention has been proven to make positive changes to children's lives.



B4 Early Years Coalition (B4) is a movement for change to ensure every child in Tasmania is cared for and nurtured through the early years, no matter what.

B4 connects, supports, engages with, and encourages individuals and organisations to work together to ensure all children in Tasmania can reach their potential.

Emerge Allied Health's Director, Lyndsay Quarmby, has been appointed by the Minister of Education and Training as a B4 Leader and will be contributing to their ongoing work in Tasmania

Learn more about the B4 Coalition [here](#).



TRAINING FOR YOUR STAFF

Emerge can work with you to provide training to your staff. We can provide training in speech and language development, positive behaviour management, sensory processing, daily living skills, Autism Spectrum Disorders, and more. Speak to your local Inclusion Support Agency around grants that may be available for educators. Explore how we have worked with other services [here](#).

Contact us at admin@emergealliedhealth.com to discuss your needs.

For your Bookshelf

The Follow your Feelings series by Kitty Black currently has two titles: Max and Worry, and Lucy and Sad. The books personify emotions, giving them characters that hang around until the children use strategies to reduce their impact on their lives. When Worry and Sad disappear, they are replaced by their counterparts Resilience and Courage.

The books include a description of how to talk to children about their emotions.



Activity idea

After reading a Follow your Feelings book, children can create their own drawings of emotions characters. You can then cut the drawings out and fix popsicle sticks to the back to create puppets.

You can then use the puppets to play out common scenarios, with children suggesting what tools or strategies they could use when the emotion comes to visit.

Games to improve phonological awareness

Sound statues.

Children move around the room as you call out letter names (Ay, Bee, See). Children freeze when you call out a letter sound (ah, buh, kuh).

This game improves listening and the ability to distinguish letter names from the sounds they make.



PSYCHOLOGY | SPEECH PATHOLOGY | BEHAVIOUR, PLAY & OCCUPATIONAL THERAPY



EMERGEALLIEDHEALTH.COM